

Why you should care about your TELOMERES

Until recently we never really understood aging....

The telomere theory of aging has become the dominant one, due to the overwhelming scientific evidence. It explains the mechanism that drives the ageing process in all of our trillions of cells. We age because our cells divide and our telomeres get shorter with each division. Cells in the body are constantly lost due to injury, sickness and just unavoidable wear and tear and need to be replaced via cell division. Once the telomere ends are below a certain critical length, the cell will refuse to divide further to avoid damaging the DNA. This creates a clock that ticks with each cell division down to the point where cell division stops. This is the main cause of aging. The telomere life cycle has virtually become the “Unified Theory of Aging”

Telomeres repair and protect your DNA, they look like caps at the ends of your chromosomes. When telomeres shorten and fray, bad things happen. Gene expression suffers, cells age and can no longer do their job. Damaged telomeres are connected to premature aging, weakening of the immune system, lower bone density and a higher potential for cell mutations such as cancer to occur and ailments such as diabetes, heart disease, Alzheimer’s and other risk factors.

The first real solution to intervene with ageing was discovered in 1984 (and the researchers were awarded the Noble Medical Prize).

Every cell has an enzyme called **TELOMERASE**, which rebuilds, restores and repairs your telomeres. The cell has the ability to make telomerase, but its production is turned off in most adult cells, the body stops making telomerase early in your life cycle. What researchers have been looking for in this quest for the ‘fountain of youth, is what can signal the cell to turn that production back on. This discovery was made in 2007.

A powerful effective way to ‘turn on’ your telomerase production is with a proven, active ingredient found in very small concentrations in the root of the astragalus plant. This miraculous anti-aging molecule is called **Cycloastragenol**

It is the active ingredient in **TELOSTEP**.

Cycloastragenol is the only significant compound with solid human data showing its effects on telomere length. Other supplements have been able to ‘slow down’ telomere loss for example anti-oxidants, and diet and lifestyle are important and vital to your health. But none have shown the ability to increase telomere length in humans like

Cycloastragenol has done. Slowing down is not the same as adding length. There is nothing else like it on the planet.

TELOSTEP is a unique and somewhat expensive supplement. It is difficult and costly to make. Our pure cycloastragenol needs to be separated from the Astragaloside IV molecule, which is extracted from tonnes of a rare species of astragalus. It is a saponin with 20 to 30 times more bio availability than Astragaloside IV.

Each capsule is then treated and protected with our special shell, involving an etheric stomach acid blocking formula. This delivers the maximum amount of active ingredients to your DNA.

Our premium grade product is tested twice for purity, along with the highest standards of manufacturing.

If you decide on the Telostep Therapy, you probably will not want to stop.

It is a long term strategy for longevity and preventative medicine.

It will become a major longevity protocol in your life and the benefits need to be witnessed over a length of time.

Many have reported better vision, mental clarity, memory, skin and complexion, sexual enhancement, and an overall feeling of more vitality. Longer telomeres are correlated to longer life and greater health!

It will compliment all the other lifestyle, diet, supplements and herbal tonics you are doing, it is part of a holistic approach which our company The Academy Healing Nutrition has been activity educating people in for over 30 years.

Join in on the Telomeres Revolution

Our website will be finished soon!

www.Telosteps.com

Product launch is planned for October 2016